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### DIRECTOR'S NOTES

By Stephen T. Russell, Ph.D.

This is my last column written as Director for the 4-H CYD Update, and the last Update that will be issued from the 4-H CYD in its current structure. After a year of focused planning, the Department of Human and Community Development is launching a new center – the Center for Research on Human Development and Family Studies. This new Center will bring together the strengths of the 4-H CYD with the Center for Child and Family Studies and its Early Childhood Laboratory, along with other research units associated with the Division of Human Development and Family Studies. In planning for the new Center we have worked hard to ensure that the mission of the 4-H CYD will remain intact, and will actually be strengthened within the context of this larger Center.

And there are more changes. This July, Katherine Heck returns from maternity leave – it will be great to have her back in the role of collaborating with CE Advisors on multiple research projects. Stacey Doan and Mike Brockman, both of whom have been research staff at the 4-H CYD for the past two years will be leaving, Stacey for graduate school, and Mike for work in more direct contact with young people. They have made significant contributions to the 4-H CYD, and have shown us what we can become. They will be missed.

Finally, as you probably know, I am moving on to the University of Arizona in August, to be Associate Professor of Family Studies and Human Development. In my

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## FAMILY HOUSE

Human Development and Family Studies officially opened the new Eichhorn Family House with a ribbon cutting ceremony along with special guest T. Berry Brazelton on May 12. The new Eichorn Family House is part of the Center for Child and Family Studies and aims to support family well-being through the integration of research, education and outreach. In keeping with this mission, the new facility will be a place to develop and conduct state-of-the-art research in the areas of family interaction and family development, translate family research findings into practical applications via education and outreach, foster multi-disciplinary collaborations within both the university and the broader community and provide families with information and referrals.

## DIRECTOR'S NOTES (continued from page 1)

capacity there I will teach undergraduate courses on adolescent development, and graduate courses on adolescence, sexuality, and applied developmental science. I will continue my ongoing research and Cooperative Extension-based projects, and will continue my research agenda on adolescent sexuality and ethnicity. I will not have an official assignment as a Cooperative Extension Specialist at Arizona, but I will be collaborating with CE colleagues at Arizona and around the country on efforts that meet the land-grant mission of extending the university to the public.

In leaving I want to thank everyone at the 4-H CYD and my

collaborators in ANR over the past years. I think we have learned a lot and have made some important contributions to 4-H and youth development thinking and scholarship. I'm proud of those things, and thank you for your contributions and support in them.

Best regards,  
Stephen Russell



Stephen T. Russell, Ph.D.,  
Director  
4-H Center for Youth  
Development,  
Department of Human and  
Community Development,  
UC Davis



## National Youth Participation Study

We are asking youth program staff to have their middle and high school youth take part in a research study that examines youth's participation in structured activities during the out-of-school hours. Specifically, this study focuses on youth participation in organized activities, such as: Band, debate team, school sports, community sports, community choral society, 4-H club, etc. . It asks youth about how they made their decisions to join certain activities and not join or quit other activities, what they do in those activities, and what they get from being involved in those activities. The study is being conduct by researchers at several institutions: Penn State University, University of Arizona, and University of California-Davis. The on-line survey should take approximately 30 minutes to complete.

Please consider having youth in your program complete the survey. The website is <http://agexted.cas.psu.edu/fcs/dp/survey/participation/participation.cfm>

For more information about the study or if you have questions, please contact Daniel Perkins from Penn State University. His email address is [dfp102@psu.edu](mailto:dfp102@psu.edu) and his phone number is (814) 865-6988.

## 4-H Center for Youth Development

"The 4-H Center for Youth Development fosters collaborations in research and evaluation among UC Cooperative Extension professionals and UC campus-based scientists that deepen our understanding of youth development in the contexts of family and community."

Hours:  
Monday - Friday 8 a.m. - 5 p.m.  
3325 Hart Hall (Third Floor)  
Department of Human and  
Community Development  
<http://fourhcyd.ucdavis.edu>

### Director

Stephen T. Russell, Ph.D.  
Adolescent Development,  
Youth and Families at Risk  
(530) 752-7069

### Specialists

Marc T. Braverman, Ph.D.  
Adolescent Health Promotion,  
Program Evaluation & Educational Research  
(530) 752-7003

Lenna L. Ontai-Grzebik, Ph.D.  
Child and Family Development  
(530) 752-6410

Richard C. Ponzio, Ph.D.  
Science & Technology  
(530) 752-8824

### Research Associates

Michael S. Brockman, M.A.  
Post Graduate Researcher  
(530) 754-8433

Ramona Carlos, M.S.  
Associate Researcher  
(530) 754-8435

Stacey Ngoc Doan, B.A.  
Junior Specialist  
(530) 754-8434

Katherine E. Heck, MPH  
Associate Specialist  
(530) 754-8755

Aarti Subramaniam, M.A.  
Graduate Student Assistant  
(530) 754-8856

### CYFAR Project

Robyn Caruso, MSW  
CYFAR Project Coordinator/Evaluator  
(530) 752-2766

### Administration

Robyn S. Matsumoto  
CYD Assistant/ Production Coordinator  
(530) 754-8433

Colin Perez  
Student Assistant  
(530) 754-8432

# Partnering with the Center for Research in Human Development and Family Studies: A new position title available

by Ramona Carlos

Hello! If there is a message in this edition of the *Update*, I'd say it's "transition happens." Change is occurring at all levels here at the CYD, including in my own role. I have been appointed the academic coordinator for the CYD, and while it can take a while for roles to solidify, this will include administrative management of the CYD, and project coordination of both in-house research projects and collaborative research projects between CE academic staff and CYD research staff. My new role will fit in with the new Center for Research in Human Development and Family Studies (the 'Center') by being the liaison between county-based Advisors and campus-based Center faculty in the discussion, development, and the dissemination of information about collaborative projects. The CYD will continue to produce its publications, the *Update*, *Research*

*you may have missed*, *CYD Report*, and *Monograph*, and I will work with Advisors to extend the information their work discovers through these and other avenues. I look forward to continuing my relationship with CE staff and hope this new role will benefit their role and be of service to their work.

Once the new Center for Research in Human Development and Family Studies is established (see *Director's Notes*), there will be a mechanism to formally recognize the association of individuals engaged as active partners with the Center. The non-salaried title "Associate in the AES" will be offered to Academic personnel outside the Center or the Division of HD&FS (e.g., CE Advisors, Specialists, and individuals from other institutions), who work jointly with the Center on

research or other projects. The Associate-related activities will be available for inclusion in the individual's merit and promotion review.

A working document describing the position, which includes responsibilities for the position, timeframe for appointment, and review procedure is presently under consideration. Academic CE staff were invited to call on either June 9 or June 17, and speak with HD&FS faculty and administrators with questions or concerns about the new Center and position. For those who were not able to call on either of those dates, email questions to Robyn Matsumoto, 4-H CYD administrative assistant, at [rsmatsumoto@ucdavis.edu](mailto:rsmatsumoto@ucdavis.edu), and she will forward them to the appropriate person.

## LGBT Youth Curriculum now available

After several years in development, Stephen Russell has completed a professional and volunteer development curriculum called *Understanding and Supporting Lesbian, Gay, Bisexual, and Transgender Youth*. The curriculum made its debut at the 2004 CYFAR Conference in Seattle. It was written with

assistance from Georgette Villareal, a graduate student in Human Development. A pilot version of the curriculum was used to train over 75 foster care professionals in Northern California during the past year. If you would like a copy of the curriculum please contact Robyn Matsumoto at: 530-754-8433.

## What's a Parent to do? Helping families deal with bullying and kids who are out of control

The 4-H CYD is partnering with Iowa State Cooperative Extension to bring the 2-part National Satellite Series: What's a Parent to do? Helping families deal with bullying and kids who are out of control on November 30th and December 7th. Invited speakers for the series are Dr. Charles Smith and Dr. Davis Osher. The topic is timely and would be of interest to parents, school teachers and administrators, foster parents, and child care workers among others. As a state partner, the

series can be downlinked to sites across California for no additional fee. Please think about presenting the series through your office and let other groups in your county know about this opportunity (libraries, schools, community colleges, etc.). If you would be interested in downlinking the series within your county, please contact Family and Early Childhood Specialist Lenna Ontai-Grzebik at: [lontagr@ucdavis.edu](mailto:lontagr@ucdavis.edu) or phone (530) 752-6410.

UNIVERSITY OF MINNESOTA



HELPING YOUTH SUCCEED

*"My parents don't love me."*

*"Our children don't understand what we've been through."*

*"My mother doesn't listen to me."*

*"I don't know how to help Toua in school."*

*"Why can't I wear baggy pants like everyone else?"*

*"Sometimes I feel so tired and hopeless in this country."*

These are only a few of the dilemmas facing Southeast (SE) Asian refugees in the United States today. Parents have little guidance about how to parent while managing multiple language, cultural, social, and legal barriers. Adolescents, in turn, try to straddle two cultures in addition to managing the normal stress of adolescence. Fear, anger, frustration, and pain often result as these families try to adapt to life in America.

*Bicultural Parenting for Southeast Asian Families: Helping Youth Succeed* is a unique resource developed for and with Hmong, Cambodian, Vietnamese, and Laotian families in America and those who work with them. Videos, authentic family stories, and a facilitator guide are available in all four SE Asian languages in addition to English, and help develop bicultural skills by empowering parents, normalizing problems that seem isolated, and promoting successful parenting within these immigrant cultures. This exceptional resource is flexible, and has been used with great success by social workers, parent educators, health professionals, and community agencies alike.

*"The program has made a real difference for my family. I have seen my children's attitudes change significantly. Now my son is also attending our parents support group."*

- Hmong mother, Parent Networks Project, Cleveland Junior High School

## The 2004 Preventing School Harassment survey is now online at <http://www.casafeschools.org> !

Together with GSA Network, the California Safe Schools Coalition is surveying high school and middle school students across California, with a focus on LGBT students, to learn more about safety, discrimination, and harassment in schools. Last year, we did the same survey and published a report called *Safe Place to Learn*, which you can view at <http://www.casafeschools.org/getfacts.html#research>

The 2004 Preventing School Harassment Survey will be a vital tool for local and statewide efforts to make schools safer for all students by ending discrimination and harassment based on sexual orientation and gender identity. Last year's survey showed that harassment and discrimination are pervasive, but schools can take specific steps to make a difference. Students whose schools have a clear anti-harassment policy, students whose teachers intervene when they hear slurs, and students whose schools have GSAs were less likely to be harassed, more likely to feel safe in school, and more connected to their community and supportive adults.

**We need your help!** For the 2004 survey to be successful, we need hundreds of participants from schools all over California.† We've sent copies of the survey to every GSA and LGBT youth group in California. Please pass the survey on to students, youth groups or other organizations on your list.

Students: you can take the survey online by going to <http://www.casafeschools.org>. The survey takes about 10 minutes to complete. **You can make a difference in only 10 minutes** by improving our understanding of safety and discrimination in our schools.

To administer the survey on paper, download a .pdf of the survey at <http://www.casafeschools.org/PSH04final.pdf>

## 4 - H C Y D I N A C T I O N !

IN PRINT



Desmond, D. , Grieshop, J. & **Subramaniam, A.** (2003). Making learning relevant: principles and evidence from recent experiences (Part 2). In Education for rural development. D. Atchoarena & L. Gasperini (Eds.). A joint publication by the FAO and UNESCO.

**Heck K.E.**, Parker J.D., McKendry C.J.(2004). Multiple-race mortality data for California, 2000-2001. *Public Health Rep*, 119,187-191.

Parker J.D., Schenker N, Ingram D.D., Weed J.A., **Heck K.E.**, Madans J.H., (2004). Bridging between two standards for collecting information on race and ethnicity: An application to Census 2000 and vital rates. *Public Health Rep*, 119, 192-205.

Raffaelli, M. R. & **Ontai, L. L.** (2004). Gender socialization in Latino/a families: Results from two retrospective studies. *Sex Roles*, 50, 287-299.

## CYD ON THE ROAD

Mike Brockman facilitated a CYFERnet Interactive Telephone Training Session on “Younger Youth and Positive Youth Development” on May 19th. More information about this training is available online at: <http://www.cyfernet.org/interactrain/>.

Robyn Caruso and Jeanne George presented a workshop titled “Homework Clubs: Helping Kids to be Successful in School” at the USDA CYFAR Conference in Seattle, WA in May.

Anne Driscoll and Stephen Russell presented a paper titled “Defining and measuring sexual competence” at the Society for Research on Adolescence Biennial meeting in Baltimore, MD in March.

Anne Driscoll presented a paper titled “The role of resilience in educational attainment” at the Society for Research on Adolescence Biennial meeting in Baltimore, MD in March.

Anne Driscoll presented a paper titled “Educational outcomes of academically promising Latino students” at the Population Association of American annual conference in April.

Katherine Heck was a discussant at the UC Davis Health and Income conference, May 21<sup>st</sup>–22<sup>nd</sup>

Lenna Ontai-Grzebik and A. Raikes presented their poster on “Parenting Stress and Children’s Cognitive Development in an Early Head Start Sample” at the Annual Human Development Conference, Washington, D.C. in April.

Lenna Ontai-Grzebik and Brandy Randall presented their poster for “Adolescent Predictors of Adult Deviant Behaviors in Mexican-Americans: Individual and Parenting Factors at the Biennial Meeting of Society for Research on Adolescence, Baltimore, MD in April.

Stephen Russell, June Chu, Stacey Doan, and Faye Lee presented a paper titled “The Meanings of Parent-Child Relationship Quality to Chinese and Filipino American Female Adolescents” at the Society for Research on Adolescence Biennial meeting in Baltimore, MD in March.

Stephen Russell presented a workshop titled “Understanding and Supporting LGBT Youth” at the USDA CYFAR Conference in Seattle, WA in May.

### Connecting to the Library



UC Davis students, staff, and faculty who connect to the internet using a non-UC Davis network can still access University Library resources online after authentication via the campus proxy service. All that’s needed is a UCD Login ID and password, and a properly configured browser. To get started, go to <http://www.lib.ucdavis.edu/info/computers/remote.html> and follow the easy instructions!

## 4-H CYD Says Goodbye to Mike and Stacey

### Mike Brockman says goodbye:

Working as a researcher for the last two years in the 4-H Center for Youth Development has been an incredible learning experience. I am honored to have had the opportunity to work alongside so many talented and caring individuals, and to have shared in the Center's mission to "... deepen understandings of youth in the contexts of their families and communities." Through collaboration as a team member on a wide variety of exciting initiatives, I have been introduced to an evolving field of research and practice that has forever transformed my perspective of my role as a helping professional in supporting the promotion of positive outcomes for young people. While I will be leaving the Center at the close of this project year to join the University of Arizona as a research specialist in the School of Family and Consumer Sciences, I look forward to ongoing partnerships with my UC colleagues at the 4-H CYD and in several ANR workgroups. I am enormously grateful for the friendships, encouragement, and insight I have so fortunately been granted as part of Cooperative Extension. Thank you!

### Stacey Doan says goodbye:

Two years ago, when I first started at the 4-H Center for Youth Development, our director, Stephen Russell, reminded me constantly, that "this was an exciting time to be working in youth development." This mantra has certainly held true in my time at the Center. Besides exciting, my time working in youth development has also been enriching. Working at the nexus of research and application, has allowed me a comprehensive vision of what it means to put into action what I know and have learned about positive youth development. In addition to my experiences, the relationships I have built with those working in the field have been invaluable not only in the wisdom they have imparted but the friendships they have shared. This fall, I will take all this with me, as I start the PhD program in Developmental Psychology at Cornell University where I will be studying the influence of culture on the development of cognition. Along with goodbye, I want to express a sincere thank you, for all the personal and professional support and advice the cooperative extension community has afforded me.

**Best of Luck to Mike, Stacey and Stephen!  
You will be missed!!!**



# update

- Stephen T. Russell, Ph.D., Director
- Robyn Matsumoto, Publications Coordinator

4-H Center for Youth Development  
Dept. of Human and Community Development  
University of California  
One Shields Avenue/3325 Hart Hall  
Davis, CA 95616-8523

Phone (530) 754-8433  
Fax (530) 754-8440  
CYDdirector@ucdavis.edu  
<http://fourhcyd.ucdavis.edu>