

**Contents**

- 1 **New Reports and Websites on Youth Development**
- 2 *CYD in Print*
- 3 **CYD Projects: The ANR Latino Teen Pregnancy Prevention Project**
- 4 **Building Partnerships for Youth E-Bulletin and Interactive Teleconference Series**
- 4 **UC MEXUS Faculty Grant: Identifying Challenges and Opportunities in Mexican Parent-Teen Communication about Sexuality**
- 5 **Garden Based Learning: Considering Assessment from a Learner-Centered Perspective**
- 5 **CYD on the Road**
- 6 **CYD in the News**

*DIRECTOR'S NOTES*

**The 4-H CYD Undergoes Changes and Looks Ahead to Future Projects** *by Stephen T. Russell, Ph.D.*

This is the first issue of the Update and the accompanying **Research You May Have Missed** to be sent out completely electronically. Let us know how this works for you, and if you have any trouble accessing our website and communications.

We have lots of news. First, our budget was reduced by 20% due to state and university budget reductions. In light of the massive budget reductions statewide and the UC ANR, the reduction was not a surprise, and we had been planning for it. At the same time,

Carolyn McCain, our Administrative Assistant for the past two and a half years, retired on June 30! We miss her immeasurably. We are currently advertising for a replacement, but at less than full time. We will let you know when that person has joined our staff. Finally, I have announced that I will be leaving UC Davis for the University of Arizona in the summer of 2004.

In light of these changes, a retreat took place in early November with a small number of UC ANR Advisors who have been

*(continued on page 2)*

**New Reports and Websites on Youth Development:**

Report of the National Youth Development Research Response Task Force, sponsored by the National 4-H Council:  
[http://www.fourh.umn.edu/NYDDRI/NYDRRI\\_final\\_report.pdf](http://www.fourh.umn.edu/NYDDRI/NYDRRI_final_report.pdf)

Bridging the Gap Between Research and Practice: Creating Common Ground in Youth Development. A conference, held in Tucson, Arizona, in February 2003, sponsored by the School of Family and Consumer Sciences at the University of Arizona and the William T. Grant Foundation. The conference created opportunities for members with various perspectives within the field of youth development to come together, with the goal of increasing the capacity of the field through the bridging of research, practice, policy work and funding. The meeting report is at the following address:  
<http://www.forumforyouthinvestment.org/respapers.htm#tucson>

## DIRECTOR'S NOTES *(continued from page 1)*

active collaborators in research. The goal for that meeting was to develop a list of prioritized needs of CE county-based academics for productivity in research, and a list of potential resources, strategies, or action steps to meet those needs. This meeting will help the 4-H CYD, the Department of Human and Community Development, and ANR HR Administration plan for the role of the 4-H CYD in the future.

Otherwise, the past months have been a crazy time of planning for potentially significant cuts while gearing up for the new projects that were announced in the last issue of the **Update**. As those new projects get going we'll keep you posted on their progress and on opportunities for collaboration. Anne Driscoll provides an update on the Latina Teen Pregnancy Prevention Project of the Adolescence workgroup. If you

have workgroup updates that you would like to share through the **Update** please let me know.

Finally, check out the new websites and reports listed on page 1. A new national, multi-state project has been formed, a report from a national conference on youth development, and the final report from the National Youth Development Research Response Task Force are all now online. The NYDRRTF report outlines an agenda for research in youth development – check it out.

Best regards for the Fall,



Stephen T. Russell, Ph.D.,  
Director  
4-H Center for Youth  
Development,  
Department of Human and  
Community Development,  
UC Davis



## 4-H Center for Youth Development

"The 4-H Center for Youth Development fosters collaborations in research and evaluation among UC Cooperative Extension professionals and UC campus-based scientists that deepen our understanding of youth development in the contexts of family and community."

### Hours:

Monday - Friday 8 a.m. - 5 p.m.  
3325 Hart Hall (Third Floor)  
Department of Human and  
Community Development  
<http://fourhcyd.ucdavis.edu>

### Director

Stephen T. Russell, Ph.D.  
Adolescent Development,  
Youth and Families at Risk  
(530) 752-7069

### Specialists

Marc T. Braverman, Ph.D.  
Adolescent Health Promotion,  
Program Evaluation & Educational Research  
(530) 752-7003

Lenna L. Ontai-Grzebik, Ph.D.  
Child and Family Development  
(530) 752-6410

Richard C. Ponzio, Ph.D.  
Science & Technology  
(530) 752-8824

### Research Associates

Michael S. Brockman, M.A.  
Post Graduate Researcher  
(530) 754-8433

Ramona Carlos, M.S.  
Associate Researcher  
(530) 754-8435

Stacey Ngoc Doan, B.A.  
Post Graduate Researcher  
(530) 754-8434

Anne K. Driscoll, Dr.PH  
Assistant Researcher  
(530) 754-6537

Katherine E. Heck, MPH  
Associate Specialist  
(530) 754-8755

Aarti Subramaniam, M.A.  
Graduate Student Assistant  
(530) 754-8856

### CYFAR Project

Robyn Caruso, MSW  
CYFAR Project Coordinator/Evaluator  
(530) 752-2766

### Administration

Colin Perez  
Student Assistant  
(530) 754-8432

Todd Nebeker  
Student Assistant  
(530) 304-5923

## 4 - H C Y D I N A C T I O N !

### IN PRINT



DRISCOLL, A.K., BROCKMAN, M.S., GREGORY, P., BERSAMIN, M.M., JOHNS, M., LEE, F., LIESCH, D., MONCLOA, F., SOUSA, C., RUSSELL, S. T., & ALVARADO, D. (2003). IN THEIR OWN WORDS: PREGNANCY PREVENTION NEEDS OF LATINO TEEN MOTHERS. CALIFORNIAN JOURNAL OF HEALTH PROMOTION, 1(2), 118-129.

HECK, K.E., SCHOENDORF, K.C., CHAVEZ, G.F., AND BRAVEMAN, P. (2003). DOES POSTPARTUM LENGTH OF STAY AFFECT BREASTFEEDING DURATION? A POPULATION-BASED STUDY. BIRTH, 20, 153-159.

MONCLOA, F., JOHNS, M., GONG, E. J., RUSSELL, S., LEE, F., & WEST E. (2003). BEST PRACTICES IN TEEN PREGNANCY PREVENTION PRACTITIONER HANDBOOK. JOURNAL OF EXTENSION, 41(2). URL: [HTTP://WWW.JOE.ORG/JOE/2003APRIL/TT1.SHTML](http://www.joe.org/joe/2003APRIL/TT1.SHTML).

RUSSELL, S. T. & CONSOLACION, T. B. (2003). ADOLESCENT ROMANCE AND EMOTIONAL HEALTH IN THE U.S.: BEYOND BINARIES. JOURNAL OF CLINICAL CHILD AND ADOLESCENT PSYCHOLOGY, 32, 499-508.

continued on page 6

# CYD Projects



## ANR Latino Teen Pregnancy Prevention Project of the Adolescence Workgroup

by Anne K. Driscoll

The ANR Latino Teen Pregnancy Prevention Workgroup has been carrying out research on the issues and challenges faced by Latino teen parents in California for several years. Study 1 was a series of interviews with pregnancy prevention professionals who work with Latino youth. In addition to ANR workgroup funds, Study 1 was funded by a small grant from UC MEXUS to Stephen Russell. Study 2 consisted of interviews with Latino teen mothers themselves. This project was funded by ANR and a grant from UC MEXUS to Anne Driscoll. In this study, the young parents were asked to describe how becoming a parent had changed various aspects of their lives. They were also asked for their insights and opinions on how programs could help them to be good parents, delay a second pregnancy and create a positive future for themselves and their child. The workgroup members analyzed the young women's responses to these two sets of questions. A paper based on the analyses of Study 2 entitled "In Their Own Words: Pregnancy Prevention Needs of Latino Teen Mothers" has just come out in the *Californian Journal of Health Promotion*, a new on-line journal. The article and the entire issue of the journal can be found at <http://www.csuchico.edu/cjhp/1/2/index.htm>

The teens in the sample lived in either the San Francisco Bay Area or the Central Valley. Two-third were born in the U.S., one-third are immigrants. Although it was anticipated that there would be important differences between teens from the urban and rural areas, and between U.S.-born and immigrant teens, few differences were found on the questions about how programs can best serve them and their children.



In general, the adolescent mothers felt it was more important to relate to program participants personally and understand the challenges of teenage parenthood than to specifically understand Latino cultures, although this was valued as well. The young mothers believed that education and economic self-sufficiency were important for life success for themselves and for their children. Most of the young women also felt that fathers should be involved with child rearing and many wanted programs to assist their babies' fathers in becoming more involved in their children's lives. Many of the teens also strongly supported the idea of involving other family members, namely their parents and siblings, in program activities.

more important for program staff to be able to understand the challenges of teenage parenthood.

For many of the teens in this study, the challenges of parenthood are compounded by their attempts to bridge two cultures. Some experienced a tension between a family-centered Latino culture and the more individualistic U.S. culture in which they live. Thus, adults who work with teens should be sensitive to Latino cultures and should understand the acculturation process and its associated challenges.

Members of the workgroup are currently working on additional papers based on Study 1, and on the information given by teens on how becoming a parent has affected their lives from Study 2.

# CYD Projects

## ■ Building Partnerships for Youth E-Bulletin and Interactive Teleconference Series

by Mike Brockman

The Building Partnerships for Youth project ([www.bpy.n4h.org](http://www.bpy.n4h.org)), supported by a grant from the Centers for Disease Control and Prevention, will be producing a bi-monthly series of e-bulletins and teleconferences throughout 2003-2004 to provide professionals in the education, health, and voluntary youth sectors with information about programs, curricula, strategies, and other resources relating to youth development, as well as new developments and highlights from within the fields of youth development and prevention.

E-bulletin / Teleconference topics for 2003-2004 include youth-development and abstinence (see archive at <http://msg.calsnet.arizona.edu/fcs/training.cfm>), youth-adult partnerships, cross-age teaching, importance of working with younger youth, and academic success. Programs from the Building Partnerships for Youth Web site which address these topics will also be featured, and experts in the research areas and programs will speak to participants who are interested in learning about youth-development as an approach for preventing HIV/AIDS, STIs, and unintended pregnancies among young people, ages 9-13.

E-bulletins will be archived in the “Trainings” section of the Building Partnerships for Youth Web site (<http://msg.calsnet.arizona.edu/fcs/training.cfm>). Teleconferences will be jointly sponsored by CYFERnet ([www.cyfernet.org](http://www.cyfernet.org)) and Healthy People, Healthy Communities ([www.nnh.org](http://www.nnh.org)), and will be archived at the CYFERnet Interactive Telephone Training Sessions Archive (<http://www.cyfernet.org/interactrain/>).

## ■ UC MEXUS Faculty Grant: Identifying Challenges and Opportunities in Mexican Parent-Teen Communication about Sexuality

Stephen T. Russell and Fe Moncloa (Principal Investigators) have been awarded \$15,000 by the University of California Institute for Mexico and the United States (<http://ucmexus.ucr.edu/>) to work in partnership with Los Niños, a community organization in the border cities of Mexicali and Tijuana, to conduct guided interviews of mothers and their parenting daughters/sons in order to clarify their concerns about the difficulties surrounding sexuality communication and to discover strategies that serve to enhance communication. This project builds from two prior UC MEXUS-funded projects: “Effective strategies in Latino teen pregnancy prevention” and “Effective support for parenting Latino/a teens: Strategies to delay subsequent pregnancies”.



# CYD Projects

## ■ Garden Based Learning: Considering Assessment from a Learner-Centered Perspective

by Aarti Subramaniam

This 4-H CYD publication is an assessment guide, meant as a tool for teachers, advisors and other youth professionals working with children and young people in school gardens. While school garden programs are growing, there is a greater demand for accountability and methods for measuring learning outcomes. The guide aims to bring about a learner-centered discourse in the field of school garden assessment, suggesting that we need to adopt a youth development ethic - that assessment should serve to facilitate rather than inhibit learning in school garden contexts. The first chapter introduces the area of garden based learning with a brief review of theory, research and best practices in the field. The second chapter describes the psychological principles of learner-centered assessment, and how these may be applied in a garden program context. It is suggested that garden based learning assessment include the learner with his/her entire learning community (including community members) and the school garden as well, as part of the assessment process. The final chapter provides tools for authentic assessment, including sample sheets that may be used directly or modified to individual needs. Suggestions for garden based learning assessment activities serve as examples as well. The guide concludes with the hope that educators will move towards furthering the goals of our garden based learning programs through holistic assessment practices.

The assessment guide can be downloaded from <http://fourhcyd.ucdavis.edu>

## CYD On the Road

**Mike Brockman** presented workshops on "Linking Youth Development and Teen Pregnancy Prevention" and "Pregnancy Prevention for Latino Teens: An Investigation of Best Practices" at the USDA Bridge for Adolescent Pregnancy, Parenting, and Sexuality (BAPPS) Conference in Phoenix, April 24th-26th.

**Mike Brockman** presented a workshop on "Adolescent Pregnancy Prevention Among Latinas" at the USDA, Minneapolis, May 14th-16th.

The ANR Adolescence June Update on the UC Davis campus was a success. 26 attendees heard presentations from faculty and research staff in the Department of Human and Community Development, including **Marc Braverman, Mike Brockman, Kathy Conger, Rand Conger, Katherine Heck, and Stephen Russell**.

**Stephen Russell** presented a paper on "Adolescent sexuality: Healthy development and empowerment" at the National Sexuality Resource Center conference, Tiburon, CA, August 15th.

**Stephen Russell** and **Katherine Heck** presented a research paper titled "Where have all the teens gone" at the USDA Galaxy conference in Salt Lake City, UT, September 23rd.

**Stephen Russell** presented a workshop on "Understanding and Supporting LGBT Youth" at the Search Institute conference, San Jose, October 24th.

**Stacey Ngoc Doan** and **Aarti Subramaniam** presented a workshop on "Youth Development: A Review of the Research" at the California State 4-H Fall Training Series in Davis, October 19th.

## IN PRINT



RUSSELL, S. T., & SIGLER-ANDREWS, N. (2003). ADOLESCENT SEXUALITY AND POSITIVE YOUTH DEVELOPMENT. IN D. PERKINS, L. BORDEN, J. KEITH & F. A. VILLARRUEL (EDS.), POSITIVE YOUTH DEVELOPMENT: BEACONS, CHALLENGES, AND OPPORTUNITIES. (PP.146-161). THOUSAND OAKS: SAGE PUBLICATIONS.

RUSSELL, S. T. (2003). SEXUAL MINORITY YOUTH AND SUICIDE RISK. AMERICAN BEHAVIORAL SCIENTIST. 46, 1241-1257.

## IN THE NEWS



Stephen Russell was quoted in the *Chicago Tribune Sunday Magazine* (May 4, 2003) in an article about the experiences of gay, lesbian, bisexual, and transgender youth in high school.

Stephen Russell was quoted in the *Arizona Daily Star* (August 19, 2003 ) in an article about high school Gay-Straight Alliances.

## New Reports and Websites on Youth Development (cont'd from page 1)

USDA CSREES multi-state project webpage:

How do structured out of school activities contribute to positive youth development?

<http://www.fcs.iastate.edu/nc1002/>

A new report, "The Role of Cross-Age Teaching in Supporting Adolescent Development," by Shelley Murdock, Faye Lee, and Carole Paterson, is available on the 4HCYD website at

<http://fourhcyd.ucdavis.edu/extending/pubs/report/pdf/CYDReportCrossage1.pdf>

This report describes the benefits that cross-age teaching provides to adolescents, including information on how cross-age teaching meets many developmental needs and challenges of youth.



# update

- Stephen T. Russell, Ph.D., Director
- Colin Perez, Publications Coordinator

4-H Center for Youth Development  
Dept. of Human and Community Development  
University of California  
One Shields Avenue/3325 Hart Hall  
Davis, CA 95616-8523

Phone (530) 754-8433  
Fax (530) 754-8440  
[CYDdirector@ucdavis.edu](mailto:CYDdirector@ucdavis.edu)  
<http://fourhcyd.ucdavis.edu>